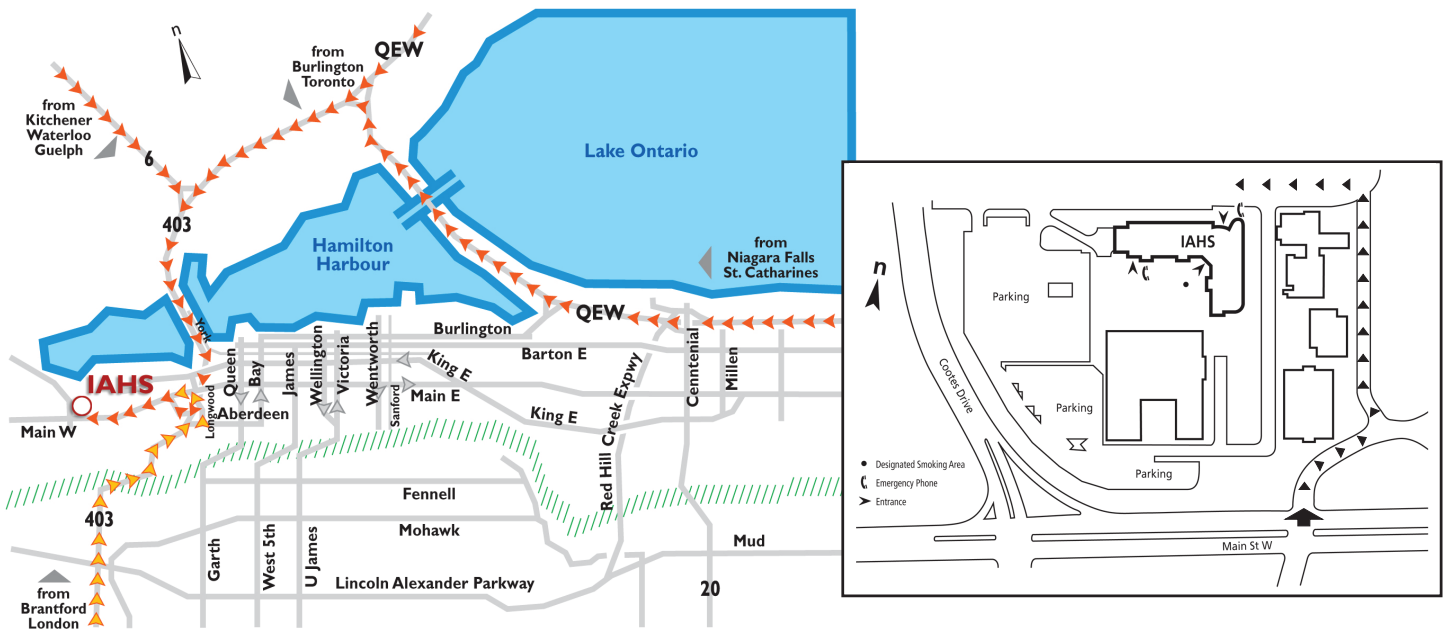


Institute for Applied Health Sciences (IAHS), Mohawk College

1400 Main Street West

Hamilton, Ontario, Canada L8S 1C7

Phone: (905) 540-4247 ext. 26710



Directions

From Toronto/Oakville/Burlington (points north and east of Hamilton, Hwys 401/407/QEW):

- Take Hwy #403 West to Hamilton
- Take the Main Street West exit and immediately turn left (west) at the stoplights
- Proceed thru 4 stoplights and past McMaster Health Sciences Centre
- Turn right (north) on Cootes Drive towards Dundas and take the first ramp to the right into the University
- Turn right and go past the parking kiosk to the parking lot directly ahead
- Enter by pressing button to obtain ticket
- Bring parking ticket with you as you will need it to pay at the self service booth prior to returning to your car to exit

From Niagara/St. Catharines (points southeast of Hamilton):

- Follow the Queen Elizabeth Way over the Burlington Skyway Bridge as though going to Toronto
- Take Hwy #403 West to Hamilton
- Take the Main Street West exit and immediately turn left (west) at the stoplights
- Proceed thru 4 stoplights and past McMaster Health Sciences Centre
- Turn right (north) on Cootes Drive towards Dundas and take the first ramp to the right into the University
- Turn right and go past the parking kiosk to the parking lot directly ahead
- Enter by pressing button to obtain ticket
- Bring parking ticket with you as you will need it to pay at the self service booth prior to returning to your car to exit

For Student Parking:

- Take the first off ramp into the university as described above.
- Turn left at the T-intersection and follow the road across Cootes Drive to the Zone 6 parking area

Note: GO Transit buses also come on-campus. The stop is near the parking kiosk. See GO Transit details.

From Kitchener/Waterloo/Guelph (points north of Hamilton) either:

- Take Highway 401 to Highway 6 south to Highway 403 west
- Take the Main Street West exit and immediately turn left (west) at the stoplights
- Proceed thru 4 stoplights and past McMaster Health Sciences Centre
- Turn right (north) on Cootes Drive towards Dundas and take the first ramp to the right into the University
- Turn right and go past the parking kiosk to the parking lot directly ahead
- Enter by pressing button to obtain ticket
- Bring parking ticket with you as you will need it to pay at the self service booth prior to returning to your car to exit

or:

- Take Highway 8 East to the Town of Dundas
- Proceed along King Street (straight through town) which will become Cootes Drive (Hwy 102)
- Just after the Hamilton city sign and the first overpass, turn right at the EXIT sign
- Follow the off ramp to Westaway Road and turn right
- Go past the parking kiosk to the parking lot directly ahead
- Enter by pressing button to obtain ticket
- Bring parking ticket with you as you will need it to pay at the self service booth prior to returning to your care to exit

From Brantford/London (points west of Hamilton):

- Take Highway 403 East to Hamilton; take Aberdeen Ave. exit
- Turn left (north) onto Longwood Road and at the second stoplight, turn left onto Main Street West
- Proceed thru 6 lights and past McMaster Health Sciences Centre
- Turn right (north) on Cootes Drive towards Dundas and take the first ramp to the right into the university
- Turn right and go past the parking kiosk to the parking lot directly ahead
- Enter by pressing the button to obtain ticket
- Bring parking ticket with you as you will need it to pay at the self service booth prior to returning to your car to exit