

# UDL Guidelines

## Affective Networks

The **why** of learning

### Multiple Means of Engagement

Provide options for recruiting interest

Provide options for sustaining effort and persistence

Provide options for self regulation

## Recognition Networks

The **what** of learning

### Multiple Means of Representation

Provide options for perception

Provide options for language and symbols

Provide options for comprehension

## Strategic Networks

The **how** of learning

### Multiple Means of Action and Expression

Provide options for physical action

Provide options for expression and communication

Provide options for executive functions