

# KEYS TO SUCCESS

## Being a successful online learner

<b>Be flexible</b>	Adjustments are being made by students, peers, staff, and faculty. Being flexible, patient and open to changes will help everyone work together.
<b>Create a structure</b>	Without the structure of classes, you will need to create your own study schedule. Otherwise, procrastination can creep in and motivation can fall.
<b>Be realistic</b>	Be realistic about how much work you are able to accomplish in one day. Don't overload yourself!
<b>Plan your time</b>	Block out time to review materials from each class; this may mean an increased amount of time for reading assignments or to review lecture slides. Try to block out five one-hour periods for each course per week. Use a calendar (digital or print) to keep track of your assignments.
<b>Set boundaries</b>	Discuss schedules, boundaries and expectations with family or roommates. Allow yourself time to relax and be with others, but make them aware of your new schedule.
<b>Prepare your study space</b>	Set up a dedicated space for studying; choose a space that offers limited distractions. Keep your learning materials handy, and form online study groups to stay connected to peers.
<b>Take part in online discussions</b>	<ul style="list-style-type: none"><li>• Make a "class in session" sign for your door so others will know not to disturb you.</li><li>• Remember to mute your microphone as needed.</li><li>• Think of discussion boards as a chance to share your ideas and show your professor your critical thinking skills.</li><li>• Be professional with your interactions and language.</li><li>• Engage as much as possible!</li></ul>
<b>Ask for help</b>	<p>Be open about problems you are encountering and ask for assistance.</p> <p>If you are in distress or need help, please connect with Counselling Services:</p> <ul style="list-style-type: none"><li>• Available Monday to Friday</li><li>• Email <a href="mailto:counselling@mohawkcollege.ca">counselling@mohawkcollege.ca</a> or call 905-575-2211.</li></ul>

