### CPTN-CPT (cptn.com)

- **Verify student as registered in the program or recent graduate of program (within one year of graduation date)**
- **Verify student has a GPA of 75% or higher for SM01-03 in the following courses (or course equivalents):**
  - Anatomy - HLTH 10078
  - Biomechanics - HLTH 10142
  - Consultation and Behaviour Change - HLTH 10082
  - Energy Systems Assessments - HLTH 10210
  - Energy Systems Exercise Prescription - HLTH 10205
  - Exercise Physiology - HLTH 10077
  - Exercise Techniques - HLTH 10149
  - Flexibility - HLTH 10085
  - Group Training - HLTH 10151
  - Musculoskeletal Assessments - HLTH 10209
  - Nutrition - HLTH 10086
  - Resistance Training Prescription - HLTH 10204

- **Validate student status and GPA**
- **Provide a log sheet to the student to track practice hours**
- **Collect a log of 20 practice personal training hours from the student**
- **Verify current First Aid and CPR status of student**

- **Theory Exam fee:** waived
- **Practical Exam fee:** $141.25
- **Manual (optional):** $45.00

#### Option A:
- **>75% GPA in SM01-03**
- Log of hours required: Practical Exam fee: $141.25
- Theory Exam fee: waived
- Manual (optional): $45.00

#### Option B:
- **<75% in SM01-03**
- Log of hours required: Practical Exam fee: $141.25
- Theory Exam fee: $43.75
- Manual (optional): $45.00

#### Option C
- (available after graduation): **>75% CPA in program and proof of diploma**
- Log of hours: waived
- Practical exam fee: $141.25
- Theory exam fee: waived
- Manual (optional): $45.00

### Personal Training Specialist (canfitpro.com)

- **Verify student as registered in the program or recent graduate of program (within one year of graduation date)**
- **Verify student has a GPA of 75% or higher for SM01-03 in the following courses (or course equivalents):**
  - Anatomy - HLTH 10078
  - Biomechanics - HLTH 10142
  - Consultation and Behaviour Change - HLTH 10082
  - Energy Systems Assessments - HLTH 10210
  - Energy Systems Exercise Prescription - HLTH 10205
  - Exercise Physiology - HLTH 10077
  - Exercise Techniques - HLTH 10149
  - Flexibility - HLTH 10085
  - Group Training - HLTH 10151
  - Musculoskeletal Assessments - HLTH 10209
  - Nutrition - HLTH 10086
  - Resistance Training Prescription - HLTH 10204

- **Validate student status and GPA**
- **Collect CPR (minimum of Level A) from applicant**

- **Practical only**
- **End of Semester 3**

- **$158 + tax**
- **(If student already has a membership, fee is $100)**

**Fee includes:**
- Accreditation fee
- New student membership fee
- Practical exam fee

### Certified Personal Trainer (CPT) (nsca.com)

- **Provide students with discount code**

- **Ensure the following:**
  - Candidate must be at least 18 years old
  - Have a high school diploma or equivalent
  - Have current CPR/AED certification

- **Theory only**
- **Any time**

- **$50 discount on exam fee by using discount code: ERPMC182 (valid until May 2021)**