

# Camp Lunch Menu - 2024

## Menu

Weeks 1\*, 3, 5, 7

\*4-day week, no Monday Menu

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Morning Snack</b>	Apple sauce	Cheese & crackers	Apple slices and cheese	Blueberry muffin	Fruit cup
<b>Lunch # 1 Regular</b>	Chicken quesadilla with potato wedges	Homemade turkey meatball and spaghetti marinara	Grilled hot dog served with veggie sticks and dip.	Grilled cheese with a side of carrots & cherry tomatoes	Pizza Lunch (Pepperoni pizza or cheese pizza)
<b>Lunch # 2 Vegetarian</b>	Vegetable quesadilla with veggie sticks and dip	Plant based meatball and spaghetti marinara	Vegetable stir-fry on rice and a mini spring roll	Roasted vegetable wrap served with veggie sticks & hummus	
<b>Afternoon Snack</b>	These snacks will be a selection of a Nutrigrain bar, a MadeGood snack, Bear Paw, Goldfish crackers or a cookie packet.				
<b>Lunch Beverage:</b>	Choice of: 2% milk, chocolate milk or juice box.				

# Camp Lunch Menu - 2024

## Menu

Weeks 2, 4, 6\*, 8

\*4-day week, no Monday menu

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Morning Snack</b>	Chocolate chip cookie	Berry yogurt parfait	Apple slices with oatmeal cookies	Granola bars	Apple sauce
<b>Lunch # 1 Regular</b>	Chicken fingers with fries and an apple	Chicken marinara penne pasta served with a garlic stick	Grilled hamburgers served with a side garden salad (side of cheese)	Mac and cheese with garlic bread	Pizza Lunch (Pepperoni pizza or cheese pizza)
<b>Lunch # 2 Vegetarian</b>	Black bean and sweet potato chili with corn bread biscuits	Vegetable marinara penne pasta served with a garlic stick	Grilled veggie burger with a side garden salad (side of cheese)	Vegan mac and cheese with garlic bread	
<b>Afternoon Snack</b>	These snacks will be a selection of a Nutrigrain bar, a MadeGood snack, Bear Paw, Goldfish crackers or a cookie packet.				
<b>Lunch Beverage:</b>	Choice of: 2% milk, chocolate milk or juice box.				