

### **NCCP and Other Certifications**

Level 2 Certified

Trained Mental Health First Aid

### **College Coaching Experience**

*2007-2008*

Mohawk College Men's Assistant Coach

OCAA Gold Medallists

CCAA Bronze Medallists

*2008-2017*

Mohawk College Men's Head Coach

League Winning Percentage: 114 Wins, 44 Losses – 72%

Playoff Winning Percentage: 28 Wins, 8 Losses – 78%

OCAA Bronze Medallist '09, '11, '12, '15

OCAA Silver Medallist '13, '16

OCAA Gold Medalist '14, '17

Medalled 11 of 12 Years from 2006 -2017 Seasons

CCAA 5<sup>th</sup> Place '14, '16

CCAA 7<sup>th</sup> Place '17

42 OCAA All Academics

Three All Canadian Athletes

Three Scoring Champions

Two Rookie of the Years

17 League All Stars

*2016-Present*

Mohawk College Women's Head Coach

9-9 Record; Lost in Crossover Match

Two OCAA All Academics

All Rookie Team and a First Team All Star

### **Volleyball Canada Coaching Experience**

*2013-2014*

Lead Coach in VCCE Hamilton

### **Team Ontario Coaching Experience**

*2014*

HPC Selection Coach East/West for Team Ontario

*2016*

Assistant Coach U16 Boys Team

5<sup>th</sup> Place Finish

*2017*

Assistant Coach U17 Girls Team

### **Regional Team Coaching Experience**

*2014*

Head Coach Region 3 Team  
Ontario Winter Games Bronze Medallist

*2016*

Lead Selection Coach Region 3 East/West for Team Ontario

### **Club Coaching Experience**

*2008-2012*

Blaze Head Coach (15U-18U) – Technical Director of the Club in 18U  
Two Provincial Gold Medals – Tier 1 Division 2(18U in '12), Tier 2 Division 2(15U in '09)  
Tier 1 Division 1 4<sup>th</sup> Place Finish in 17U, 2011  
Eight of Twelve Athletes are now playing NCAA, CIS or CCAA Volleyball

*2012 – 2014*

Blaze Head Coach (17U-18U) and Burlington Blaze Technical Director  
Division 1 Tier 3 Silver Medallist  
Seven of Ten Athlete's recruited to play CIS or CCAA Volleyball

*2014-2016*

Blaze Head Coach U17-U18 and Burlington Blaze Technical Director  
Division 2 Tier 1 Gold Medallist  
Division 1 Tier 4 Silver Medallist  
Four of Twelve Athlete's recruited to play CIS or CCAA Volleyball

### **Other Coaching Experience**

*2004 – Present*

CANUSA Girls Volleyball Coach/Coordinator

### **Athletic Career Highlights**

Three Time All Around Male Athlete of the Year – Mohawk College  
Two Time Keith McIntyre Leadership Award Winner – Mohawk College  
Department of Athletics Award Winner – Mohawk College  
1<sup>st</sup> Team All Star – Libero Position  
OCAA Gold Medallist ('06) and OCAA Silver Medallist ('07)  
OCAA Badminton Bronze Medallist

### **Coaching Philosophy**

To foster a volleyball environment that will excel in hard work, commitment, integrity and passion. With these principles not only will the athletes succeed in the classroom and on the court it will help them succeed off the court as citizens.

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